



- **Flavones, flavonols and flavanones** have been shown to support heart health and normal, healthy cellular tissues of the breast and prostate.\*<sup>15,16,17,18</sup>
- **Vitamin C** can help shield other vitamins and flavonoids from oxidation. Vitamin C generates antioxidant activity, and supports healing, immune function, healthy connective tissue, and health of eyes and heart.\*<sup>19</sup>

*Flavonoid Complex — water-soluble antioxidant power in single-serving tablets!*

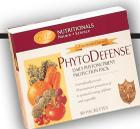
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# Healthy cells and cardio system



*Optimal servings from 10 flavonoid-rich fruits & vegetables!*



*You'll also find Flavonoid Complex in GNL's extraordinary PhytoDefense™ — 6 optimal servings of phytonutrients from 25 fruits and vegetables!*

*Contact your independent GNL distributor:*

## Why you need flavonoids

Plants create their own protective compounds called *flavonoids*. They're the brilliant hues in blue, purple, red and green pigments in fruits and vegetables. Research shows when you eat flavonoid-rich fruits and vegetables, you get this same antioxidant power to promote healthy cellular renewal and cardiovascular efficiency.<sup>1</sup> But only 9% of us are getting the recommended 9 daily servings of fruits and vegetables.<sup>2</sup>



Boost your flavonoid intake every day with Flavonoid Complex™!

Exclusive to GNL, Flavonoid Complex delivers all five classes in an optimal serving of flavonoids — from the richest fruit and vegetable sources.



**PEOPLE EMPOWERING PEOPLE**



# 9 reasons to help your cells thrive with Flavonoid Complex™

- 1 All five flavonoid classes** delivered in phytonutrient families, just as they occur naturally in fruits and vegetables. Families include: *flavones, flavanols, flavanones, anthocyanins, and catechins.*
- 2 Whole-food ingredients.** Potent, phytonutrient-dense formula derived from whole cranberries, kale, green tea, beets, elderberries, red and black grapes, oranges, lemons, and grapefruit. Natural vitamin C is added to enhance absorption.\*<sup>3</sup>
- 3 1 tablet = 1 optimal serving.** Each tablet conveniently provides the full flavonoid profile of an optimal serving from 12 flavonoid-rich fruits and vegetables!

- 4 Delivers ellagic acid.** A unique GNLD Difference, Flavonoid Complex delivers this important antioxidant phytonutrient, which is closely related to the flavonoid family.



- 5 Green tea extract** provides catechins from the flavonoid family, with virtually no caffeine. Scores of clinical studies show that green tea flavonoids may offer a number of health benefits.\*<sup>4</sup>
- 6 Exclusive SAB-developed formula** combines the latest scientific research with cutting-edge technology! Knowing that flavonoids protect the watery areas of the body (watery fluid accounts for 60% of total body weight<sup>5</sup>), the SAB formulated Flavonoid Complex to maximize antioxidant protection with a unique, water-soluble formula!
- 7 Scientific proof.** Flavonoid Complex was tested and proven by an independent scientific laboratory to slow the spread of cancer cells by up to 90%.\*<sup>6</sup>
- 8 Standardized formula** ensures guaranteed consistency of laboratory-specified, concentrated flavonoid nutrients in every tablet.
- 9 No artificial colors, flavors, preservatives or sweeteners.**

## The science behind the supplement

### Why GNLD's Scientific Advisory Board created Flavonoid Complex

Literally *hundreds* of published articles report the extensive lifetime benefits of flavonoids! In nature, flavonoids exist in families, never as isolated nutrients. With this in mind, GNLD's Scientific Advisory Board engineered Flavonoid Complex to deliver the exact flavonoid families research shows demonstrate the strongest health benefits! The SAB also pioneered another revolutionary concept: the single-serving tablet— so you get the phyto-power of 12 flavonoid-rich fruits and vegetables with the diversity of all five classes of flavonoids in every serving! Flavonoid Complex, plus your regular daily fruit and vegetable intake, helps you achieve the 9 daily servings you need for optimal health. Give your body the cell-nourishing antioxidant strength of exclusive Flavonoid Complex— only from GNLD!

## Color yourself healthy!

Research shows that antioxidants help strengthen the immune system, support cardiovascular health, and promote healthy, normal cells, tissues, DNA, protein and lipids.\*<sup>7, 8, 9, 10</sup> The flavonoid-rich nutrients in Flavonoid Complex have been shown in scientific studies to benefit health and longevity:

- **Anthocyanins** have been shown to demonstrate considerable antioxidant activity, especially scavenging of oxygen radicals.\*<sup>11</sup>
- **Catechins** are associated with healthy cellular tissues of the colon, bladder, stomach, pancreas and esophagus.\*<sup>12</sup>
- **Caffeine-free green tea extract** is rich in flavonoids, and in the essential amino acid threonine, plus calcium, magnesium, and vitamin K. Green tea is linked with healthy cellular growth and renewal of internal organs.\*<sup>13</sup>
- **Ellagic acid** is an antioxidant phytonutrient closely related to the flavonoid family, and promotes the normal, healthy elimination of toxic substances from the body.\*<sup>14</sup>